

AVENUES FOR JUSTICE

Andrew Glover Youth Program

Updated May 29, 2020

Avenues for Justice (AFJ) is committed to keeping our youth and communities that we serve safe, informed, and healthy, especially during the most recent developments of the COVID-19 breakout in NYC. Please use these resources as a guide to help you navigate the developing situation; we will update this document when/if there are changes, especially in the NYC Court system (see NYC Courts section of this resource guide).

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Symptoms of Coronavirus:

- Fever, cough, shortness of breath.
- For more information go here: [Coronavirus Fact Sheet](#)
 - and/or here: [NYC Health Info](#)
- Download the 311 app NYC311
- Text COVID to 692-692 for updates

What to do if you feel sick:

- Find somewhere safe to stay – and stay there! It is best to stay inside and away from others. Stay hydrated (drink lots of water), eat healthy, rest, and wash your hands frequently.
- If you need help, call 311
- If it is a medical emergency call 911

Social Distancing Saves Lives

- It doesn't matter if you're at the grocery store or a pharmacy or taking a walk in the park — keep six feet between you and others when you're out of the house. It will help slow the spread.
 - **Learn more at:** <http://nyc.gov/coronavirus>

“Feeding New York”

The City of New York recently released the plan for keeping New Yorkers fed during the COVID-19 pandemic. “Feeding New York” is the City’s plan to feed hungry New Yorkers throughout this crisis and protect the security of our food supply chain. In total, the City is investing \$170 million over the next several

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months in this unprecedented effort. The approach begins with immediate steps to secure our food supply chain and feed hungry and vulnerable New Yorkers. In the coming weeks, it will transition to the second phase, preparing for evolving and growing needs and building resilience into the food supply. To view the plan, please click [here](#).

Get Food

During the COVID-19 public health crisis, NYC is taking steps to make sure every New Yorker has access to the food they need. Through [NYC.gov/getfood](https://nyc.gov/getfood), New Yorkers can access information about food assistance programs and resources, including:

- ③ [A map of free food resources across the city, including food pantries and Grab & Go meals at NYC Schools,](#)
- ③ [Signing up for SNAP benefits or cash assistance from home,](#)
- ③ [Ways to give and receive help during COVID-19,](#) and
- ③ [Food delivery assistance for individuals.](#)

Resources

Please visit the following resources for additional information on COVID-19 and the City's response:

- ③ [NYC Department of Health and Mental Hygiene COVID-19 information page](#)
- ③ [HelpNowNYC](#)
- ③ [MOPD COVID-19 Resources for People with Disabilities](#)

Text 'COVID' to 692692 (NYC-NYC) for accurate, real time updates from Notify NYC and NYC Emergency Management. (Alerts are also available in Spanish by texting 'COVIDESP' to 692-692.)

Official Resources:

[Notify NYC](#)

[311 info](#)

[Office of Brooklyn Borough President \(en Español\)](#)

[Office of the Bronx Borough President](#)

[Office of Manhattan Borough President](#)

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Office of Queens Borough President
Office of the Staten Island Borough President

NYC Courts:

NYCourts.gov

Press Release March 22: Virtual Court Operations to Commence in NYC

Health and Treatment:

WHO

CDC: Prevention

CDC: List of Symptoms

Unemployment assistance:

Federal Disaster Unemployment Benefits

New York Unemployment Assistance: Guidance

New York Unemployment Assistance: Application

Business Assistance:

NYC Small Business Services: Guidance and assistance for Businesses
(en Español)

Federal Small Business Administration: Coronavirus Small Business Guidance & Loan Resources

Food Assistance:

FREE MEALS FOR ALL NEW YORKERS: [Information here!](#)

How to get food in New York right now...And How to help feed

Food Bank NYC: Find the Help You Need

Disaster Supplemental Nutrition Assistance Program (D-SNAP)

NYC D-SNAP page

SNAP/Food Assistance

WIC

Soup Kitchens / Food Pantries by Borough

Invisible Hands: Safe, free deliveries for NYC's most at-risk community members

NYC public schools are giving out free grab and go breakfast and lunch to anyone 18 and under.

Mamajuana Café in the Bronx is offering lunch bags for children from 11am – 1pm and 4pm – 8pm.

Bring your children.

Google Street Smarts Guide to Free Meals in Manhattan.

Hunger Free America's Guide to Food Assistance

NYC The Door Resources

Community Food Advocates for NYC- Food HUBS Open for Grab & Go Breakfast and Lunch

Free Meals for students!

- ANY student can pick up three meals at over 400 locations. Food is available Monday — Friday, from 7:30am to 1:30pm.

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- **Learn more:** <http://schools.nyc.gov/freemeals>

Special Hours for Local Grocery Stores

- Union Market (240 E Houston St): Seniors and immunocompromised individuals only, 7-8 AM
- Westside Market (84 Third Ave): Seniors only, 7-8 AM
- Whole Foods (94 E Houston St): Seniors only, 7-8 AM
- Whole Foods (4 Union Sq E): Seniors only, 7-8 AM
- Morton Williams (278 Park Ave S): Seniors only, 7-8 AM
- Morton Williams, (311 E 23rd St): Seniors only, 7-8 AM
- Key Food (43 Columbia St): Seniors only, Wednesdays, 8 AM-3 PM

Food Delivery Services:

God's Love We Deliver

City Meals on Wheels

A volunteer-run group of cyclists providing free of charge deliveries to anyone. They deliver groceries, medical supplies, anything you may need. Call or Text 929-320-0660 or email at coronacourier@protonmail.com

Food Banks, Pantries and Soup Kitchens in NYC District 2:

Father's Heart Ministries, 545 E. 11th St.

Pantry Hours: Saturdays, 8:30 AM-11 AM

The Meatloaf Kitchen, 137 E. 2nd St., (347) 850-2230

Breakfast served from 9 AM-11 AM, lunch from 12:30 PM-2:30 PM

St. Joseph House, 36 E. 1st St., (212) 254-1640

Soup Kitchen Hours: Mondays-Fridays, 10 AM-11:30 AM

Trinity Church Lower East Side, 602 E. 9th St., (212) 228-5254

Soup Kitchen Hours: Mondays-Fridays: 11:00 AM-12:00 PM

Pantry Hours: Tuesdays-Fridays, 12:30 PM-1:30 PM

Temple Soup Kitchen, 33 E. 12th St., (212) 674-2340

Soup Kitchen Hours: Saturdays, 2:30 PM- 4 PM

The Bowery Mission, 227 Bowery, (212) 674-3456

Breakfast served from 9 AM-10 AM, lunch from 1 PM-2 PM, dinner from 6 PM-7 PM

Nazareth Housing, 206 E. 4th St., (212) 777-1010

Pantry Hours: Tuesdays at 10AM

Most Holy Redeemer Church, 173 E 3rd St., (212) 673-4224

Pantry Hours: Every other Wednesday, 10 AM- 11 AM

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Dewitt Church, 280 Rivington St., (212) 674-3341
Pantry Hours: Mondays and Thursdays 10 AM-1 PM

Interfaith Church, 325 E. 5th St., call (352) 213-9020 for details

Middle Collegiate Church, 50 E. 7th St., (212) 477-0666
Pantry Hours: Wednesdays, 8 AM-9 AM

Primitive Christian Church, 207-209 East Broadway, (212) 673-7868
Pantry Hours: Last Thursday of the month, 1:30 PM-3:30 PM

Hetrick Martin, 2 Astor Place, (212) 674-2400
Soup Kitchen Hours: Tuesdays and Fridays 1 PM-3PM

Housing:

Effective starting March 16, all evictions in NY have been halted for the next 90 days. Housing Court is open for emergency repairs and for tenants illegally locked out of their home. If your landlord threatens you with eviction you can find more details in the protocol [here](#).

WiFi:

Comcast: offering Essentials internet service designed for low-income families free for 60 days for new qualifying customers. To enroll call **1-844-488-8395**. Installation fees will be waived for new student households. For more information [click here](#).

Spectrum: Two free months of internet and WiFi services to new customers in households with Pre-K to 12 or college students who need remote education. This discount will be applied as a credit for your first two months of internet services. We'll waive any installation or pre-payment fees to help get you started. For more information [click here](#).

Work from Home

If you have kids at home, [here is a link](#) for parents to help keep kids busy at home!

Tenants' Rights

[FAQ on Eviction Moratorium](#)

[Statement from Homes and Community Renewal](#)

Tenants' Rights Hotline: 212-979-0611 (English and Spanish)

Medical:

[Paid Sick Leave](#)

[NYC Hospitals](#)

Mutual Aid Volunteers:

[Manhattan \(Google Doc\)](#)

[Bronx \(Google Doc\)](#)

[Brooklyn \(Google Form\)](#)

[Queens \(Google Doc\)](#)

[Camba.org](#)

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Education:

Remote learning: Kids ages 2 – 18 <https://www.khanacademy.org/>

Remote Learning: [Device Request from DOE](#)

Mental Health:

Urban Health Counselling

Counseling Resources: Crisis Text Line: Text HOME to 741-741 to be connected to a counselor.

NYC Well: Call 1-888-692-9366 Text “WELL” to 65173.

National Suicide Prevention Lifeline: Call 1-800-273-8255.

NYS COVID-19 emotional support line 844-863-9314

Wellness

Peloton (Free 90 Day App Trial- Yoga, Weights, Spin, Outdoor and Indoor Running, Power Walking & more)

Yoga Agora (Virtual Yoga Classes)

Coronavirus Sanity Guide

Headspace Meditation Trial